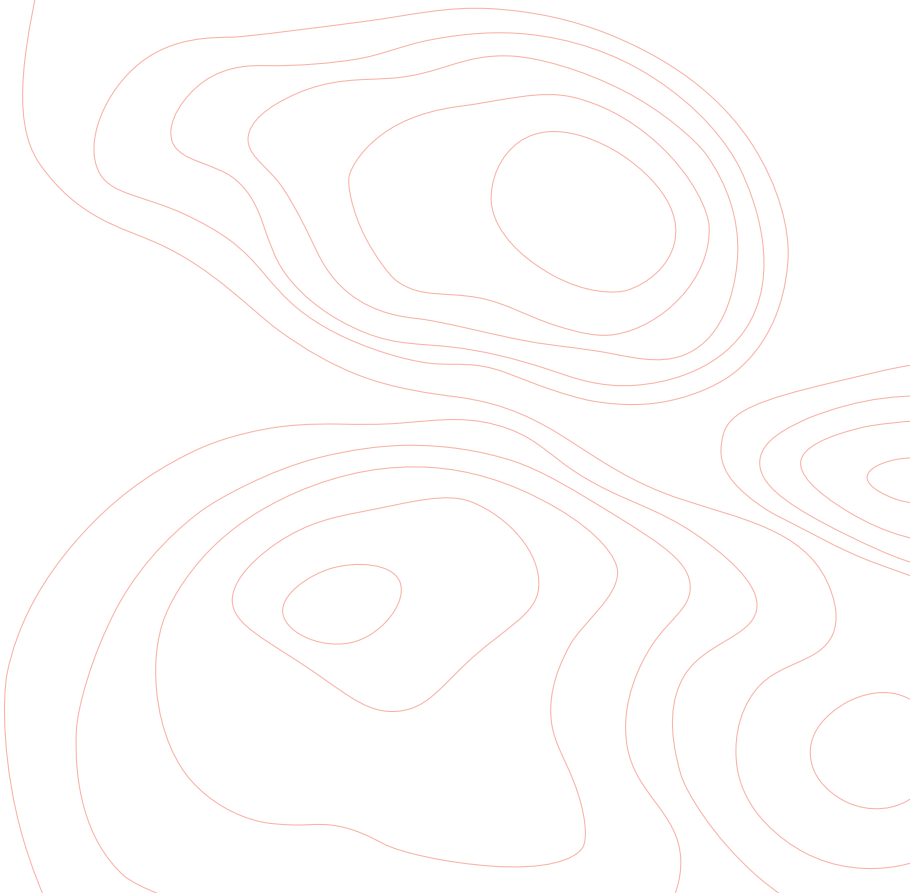


PRO TREATMENT









## SKINOLOGY – gentle and effective

SKINOLOGY is a vibration treatment in the professional beauty industry and supports deep stimulation of the skin and facial muscles. The device vibrates vertically down to the deep layers of the skin, and enables effects at the cellular level that a purely manual massage cannot achieve. It supports the absorption of beauty products into the skin, stimulates regeneration and, using the different attachments, allows further treatments, for example relaxing the facial muscles.

10 minutes



## STEP 1

### Preparation of the skin

Cleansing  
Enzymatic peeling  
Application of an intensive serum

15 minutes



## STEP 3

### End of treatment

Gently and manually massage more of your active agent complex or serum into the skin. Let it sink into the skin under an occlusive mask. Hydro fleece, alginate or similar products are suitable for this. You can apply a cream / CC cream to finish the treatment. SPF is always recommended.

# Here is how to structure the SKINOLGY professional treatment



20 minutes

## STEP 2

### Vibration treatment

For clients with sensitive skin and who have no experience with intensive treatments, start with the lowest intensity (turn the controller to minus). Recommended directions for massage: caudal to cranial and medial to lateral.

**TIP** Simply place the device on the skin, do not exert any pressure – the weight of the device creates sufficient pressure and the vibrating disc can work freely and intensively.

**TIP** If you carry out the treatment with two devices at the same time, work on the individual zones for a longer period of time. This intensifies the result!

Details on how to perform the treatment can be found on the following pages. The treatment is divided into six zones. Please note these treatment symbols:



Treatment duration



Intensity



Attachment



Frequency



1



2

3



## ZONE 1

### Start of treatment



1 minute



Medium /high



Disc attachment



100 Hz

Ask your client to remove any jewelry including earrings. Contact with the disc attachment can create a noise that may startle your clients. When working around the jaw area, ask your client to keep their teeth apart and to place the tongue lightly on the gums.

Create contact with the right shoulder and begin treating the neck. When doing so, move the device slowly upwards and more quickly downwards without losing contact with the client. If you have to start with a lower intensity, try to increase it within this zone.

## ZONE 2 AND 3

### 2 Right chin and cheek region

### 3 Left chin and cheek region



4 minutes PER ZONE



Medium /high



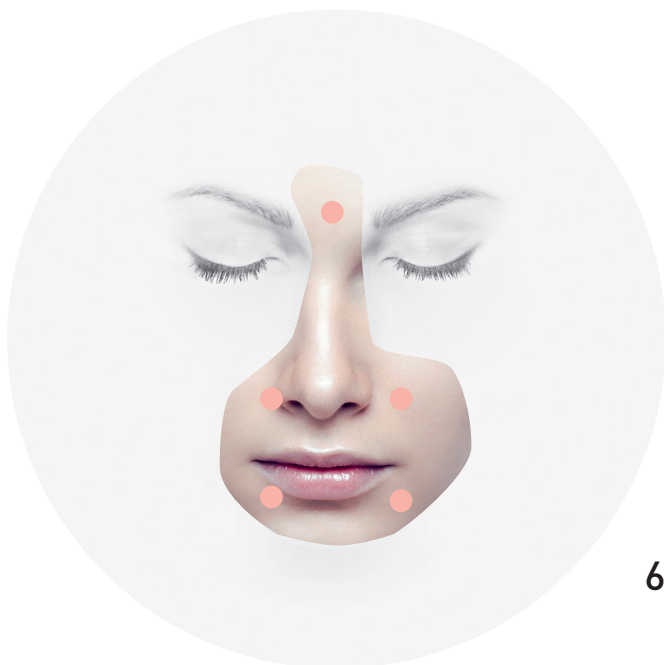
Disc attachment



100 Hz

As on the neck, make even strokes beginning in the middle of the chin. Move the device slowly from a medial to a distal direction and back more quickly to begin a new stroke. The upwards movement should always be more intense!

When treating zones with thinner skin / tissue, keep talking to your client and reduce the intensity on the highly sensitive zones if necessary.



## ZONE 4 AND 5

4 Right forehead and temporal region

5 Left forehead and temporal region



3 minutes PER ZONE



Medium



Disc attachment



100 Hz

Transition from the cheek area to the temporal and forehead area in flowing motions. Work from the glabella to the temporal areas in a medial to distal direction in slow, intense strokes. In a sweeping motion, move the device back to begin the next stroke up to the hairline. Maintain constant contact with your client so that you can adjust the intensity or duration of the treatment in this sensitive area if necessary.

## ZONE 6

Working deeper wrinkles such as in the marionette, nasolabial, perioral, glabella areas



5 minutes



Medium /high



Ball attachment



50 Hz

In slow circular motions, work on the wrinkles around the mouth and nose, beginning with the marionette lines up to the glabella. Here, the ball attachment traces the more pronounced wrinkles repeatedly and intensively in order to tone the muscles below, stimulate blood flow and increase the absorption of the active agent in the affected zones. Apply more serum if necessary. The intensity depends on the zone and how sensitive your client is.

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